

HEY HO TORNADO

Choreographed by Trent & Mary Cummings - 10/02(262) 367-4846-
TrentRAC@aol.com --- www.trentandmary.com
Description 32 Count, Partner Circle Dance in Tandem Position
(man behind the lady), both facing OLOD
Music Two In One - Mama Afrika (116 bpm)



Special Note:

8 days before this dance was premiered at the Marshfield Workshop, our house was hit by a tornado (and only 2 weeks prior to that, Mary had surgery). We are okay, but had to totally vacate, pack and move all of our belongings and get ready for a workshop. In the aftermath, we still found the time and were inspired to choreograph this dance. We dedicate this dance to all of our wonderful dancing friends who helped us through this tough time.

LEFT SIDE SHUFFLE, ROCK, ROCK, RIGHT SIDE SHUFFLE, ROCK, ROCK

1&2 Left side shuffle, left-right-left
3-4 Rock back on right, rock forward on left
5&6 Right side shuffle, right-left-right
7-8 Rock back on left, rock forward on right

5 x 1/4 TURNS LEFT (1-1/4 ROLLING TURN), STEP RIGHT FOOT FWD, LEFT SHUFFLE FWD

Lift Rt hands, while starting to drop Lt hands (windmill turn - or in this case - tornado turn)

9-10 Step left 1/4 turn left, step right 1/4 turn left
11-12 Drop right hands and left and join left hands, step left 1/4 turn left, step right 1/4 turn left
13 Step left 1/4 turn left (you have now completed a 1-1/4 progressive turn to face LOD)
14 Pick up both hands to Open Sweetheart Position, step right forward
15&16 Left shuffle forward, left-right-left

FWD ROCK, RECOVER, RIGHT SHUFFLE BACK, STEP, CROSS TOUCH, RIGHT SHUFFLE FWD

17-18 Rock step forward on right, recover weight back on to left
19&20 Right shuffle back, right-left-right, Step left back, touch right toes across left
23&24 Right shuffle forward, right-left-right (lady moves in front of man into Tandem Position)

WALK, WALK (DUCK OUT FOR THE LADY), LEFT SHUFFLE, WALK, WALK, TURN, HEEL

25-26 MAN: Walk forward left, walk forward right
LADY: Moving toward left side of man and passing under left hands, step back left, step back right
(Lady is doing a duck out while walking back)

Release right hands

27&28 BOTH: Left shuffle forward, left-right-left into Reverse Tandem Position
(Lady now behind man and rejoin right hands)

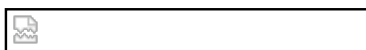
Release left hands

29-30 MAN: Walk forward right, walk forward left
LADY: Passing under right hands moving forward to the right side of the man, walk forward right, walk forward left, rejoining left hands in the Open Sweetheart Position

31-32 BOTH: Turn 1/4 turn to the right on the right foot, touch left heel forward

Partners are now back into Tandem Position facing Outside Line Of Dance.

START AGAIN



Every effort has been made to ensure these cue Sheets are accurate, Should you find any errors,
Please let me know via e-mail thank you..... Robert

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November 2002